

MCM Minutes



Date: Oct 13, 2022 Time: 19:00-20:00 (PT) Location: Zoom

Subject: The Costs of Cohousing: Intro to Building a Budget – Tour of Gord & Karen's Net Zero

Carriage House!

Facilitator: Laura Chatham & Gord Lovegrove Note taker: Laura Chatham

**This meeting was recording and will be posted here:

https://sustainablecommunities.ok.ubc.ca/research/cohousing/#okcresources

Meeting Notes

Topic	Recorded Notes
Tour of Gord &	• Finished in 2022 for under \$300 ft ² !
Karen's Net-Zero	 every appliance is <u>ENERGY STAR</u> (pdf link) rated
Carriage House	 automatic lights w/ remote switch for energy conservation
	 Solar panels to generate energy **got back FORTIS rebate
	 Induction stove is also most energy efficient & fast cooking
	 3x glazed windows for temperature & sound regulation
	• Structure build of <u>Foxblocks</u> insulated concrete/Styrofoam building blocks
	 bought new for proof of concept but can be recycled
	 Air tight build for temperature regulation & sound proofing
	• AGING IN PLACE: — all 1 level except an upper patio
	 Induction stove; not hot if left on
Carriage House	 all contracting and most building/detailing was done by Gord & Karen
Building Professionals	Lovegrove & James Summers-Gill, but there were several key professionals they hired:
	 Framers, Roofers, Tapers & Mudders
	 Flooring, kitchen & cabinets specialists
	 Heavy machinery operators
	 structural engineer (not ethical for Gord to do although qualified) inspector, surveyor
	 Energy Advisor – works w/ heating & air condition specialist
	• Gord is a big advocate for sweat equity lowering cost. Even doing some simple prep work can help lower cost of professionals hired. We all have
	skills we could use towards building, even if we don't know it yet!
UPCOMING EVENTS	• Next MCM: November 10th, 2022 – IN-PERSON & ZOOM. topic TBD by members' input. Please get your ideas in by Monday, Nov. 7 th .
	 December Christmas Party?? Where, when could we have this?



